





The Youth Advisory Board is the premier youth advisor on public health issues affecting young people in Nashville. Their mission is "to serve as an advisory body of youth to the Metro Public Health Department and its Board, and promote youth awareness and knowledge of health in the community".

Each year the Youth Advisory Board begins looking for new members. The YAB is looking for responsible, outgoing, creative, high school aged young people interested in fine-tuning leadership skills and helping the community.

So, if you like speaking-up, want to make a difference in Nashville and would like to be part of this fun and exciting group, please fill out the **BACK SIDE** of the application and fax, mail or deliver no later than Thursday, April 29, 2004 to:

Jennifer Kosinski, YAB Adult Coordinator Metro Public Health Dept 311 23<sup>rd</sup> Ave N Nashville, TN 37203 (615) 880-1543

Or fax to: (615) 862-4012 Attn: Jennifer Kosinski

**IMPORTANT DATE:** 

## Application Deadline: Thursday, April 29, 2004

YAB members are expected to attend 80% of board meetings, and five functions: Mayor's First Day of School Event, Job Shadow Day, Incredible Baby Shower, and two YAB Retreats. New members will participate in an initiative called Project ASK (see below) as well as other community projects. <u>Board meetings are the 1<sup>st</sup> and 3<sup>rd</sup> Monday evenings of each month</u>. Time Commitment: Approx. 2 hours/ week. Other YAB Initiatives/Sponsored Events:

- Project ASK: Adolescents Seeking Knowledge-Members select a research-based public health issue affecting Nashville's teens, assess the problem, mobilize the community, formulate a plan, implement a project, and present your findings to the community. (This year's issue: Teen's perception of media's influence on teen sexual behavior)-Requires two Saturday mornings each month, (9:00AM-12:00PM) October-March. A new issue will be selected.
- Youth Tobacco Prevention: Students were trained to speak to legislators and media regarding a desire
  to increase tax on all tobacco products in order to decrease youth tobacco usage and pre-emption, a
  condition that would allow Nashville to pass anti-smoking ordinances. Students attended a Senate
  committee meeting and met with legislators in February to discuss the taxation bill and pre-emption
  laws.
- Reward & Reminder (R & R): In an effort to evaluate tobacco selling habits of merchants, YAB members approached retail stores in Nashville. This was a youth access campaign that let retailers know the importance of not selling tobacco products to minors.
- Community Presentations: Topics included nutrition, self esteem, and self-image, tobacco prevention, refusal skills, team building, decision making, teen body image and weight, physical activity.
   Please complete form on back

Marraga			
Name:			

Address:				
City:		State:	Zip: _	
Cell Phone:		_		
School Attendir	ng:		_	
Grade:				
Name of Parent	or Guardian:			
Please list any e activity occurs o		ties you will partic	cipate in this year	r (Please indicate day and time this
you better. The		ublic Health? Wha		tatement so we can get to know hope to make on the health of teens
Saturday, May	8, 2004. You will be eadline to set up y	e interviewed in gr	oups of 10 or les	ning to interview each candidate on ss. We will call you sometime after two potential times you will be
10:00-11:00	11:00-12:00	1:00-2:00	2:00-3:00	3:00-4:00
If you have any Jennifer Kosins YAB Adult Coo	·	MPHD Youth Ad	visory Board fee	l free to contact:

(615)880-1543 jennifer.kosinski@nashville.gov



Requests for ADA accommodation should be directed to John Dunn @ 340-2219